



# BREAKFAST MENU

All food subject to availability

8h00 till 11h00

We are not a fast-food restaurant so please sit back, relax, enjoy the company you are with, and we will bring you quality food that's been made with love.

**Granola** (homemade & gluten-free)(Contains nuts & seeds) R128

Served with plain full-cream yogurt, fresh fruit & honey

**Bircher Muesli** (vegan & gluten free) R98

Gluten free oats, plain yogurt, almond milk, green apples, honey chia seeds, cinnamon, sunflower & pumpkin seeds, almonds, fresh seasonal fruit

**Flapjacks with syrup** R85

\*with fresh fruit R125

\*with crispy bacon R130

**Sourdough special** R130

Sliced avo, feta, sundried tomato, micro herbs, rocket, sesame seeds, sunflower & pumpkin seeds

\*with smoked trout R185

\*with crispy bacon (3 rashers) R175

\*with scrambled OR poached eggs OR mushrooms R160

**Mushroom & hummus toastie** R90

fried mushrooms on toast with fresh tomato, chickpea hummus, basil pesto & rocket.

**For the not so hungry** R90

Toast of your choice, scrambled egg, fried tomato & mushrooms

**Croissant with preserves & cheese** R75

**Croissant with scrambled eggs** R105

**Breakfast bagel** R155

Bagel, smoked trout, scrambled eggs & cream cheese

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in our kitchens.**



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**Eggs Benedict** served with broccoli & hollandaise sauce on an English muffin R115

\*with bacon R160

\*with smoked trout R170

**Coffee BloC full house breakfast** R155

Eggs, bacon, beef banger OR pork banger, mushrooms, potato rosti, tomato & toast of your choice.

**Omelette** with cheddar cheese R90

\*with bacon OR gypsy ham R135

\*with smoked trout R145

\*with mushrooms, onions, peppers R130

**Kids breakfast** R65

Scrambled eggs on toast

## Add to any breakfast:

\*crispy bacon R45

\*beef OR pork banger R45

\*smashed avo R45

\*smoked trout R55

## Bread selection:

Homemade white, brown OR gluten-free

Sourdough, Rye

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# LUNCH MENU

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12h00 till 15h00

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## SALADS

**Greek salad** R90

Lettuce, tomato, cucumber, pickled red onion, feta, black olives, microgreens

**Garden salad** R90

Lettuce, cucumber, tomato, sugar snap peas, red onion, red pepper, yellow pepper, avocado

**Caesar salad** R120

Lettuce, egg, anchovies, bacon, croutons, parmesan

**Pear & blue cheese salad** R120

Rocket, blue cheese, pear, pecan nuts, pomegranate seeds, microgreens

**Artichoke salad** R120

Rocket, artichokes, roasted peppers, olives, feta, microgreens

### **Add to any of the salads:**

Grilled chicken breast R45

Smoked Trout R60

Pan-fried salmon R95

## BURGERS

**Crumbed chicken burger** with coleslaw, chips & onion rings R148

**Homemade beef burger** with Emmenthaler, chips & onion rings R158

**B-leaf vegetarian / vegan burgers** served with one side dish R175

\*mushroom & lentil

\*beetroot & bean

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**Veggie wrap** with cream cheese, basil pesto, sugar snaps, carrot, avo, lettuce, red & yellow peppers, tomato, honey mustard dressing R125

**Chicken wrap** with cream cheese, grilled chicken, bacon, parmesan, croutons, tomato, cucumber, lettuce, Caesar dressing. R145

**Beer battered hake** with chips & side salad R145

**Pan fried hake** with side salad OR mash & broccoli R110

**Smoked trout bagel** with cream cheese, lettuce, egg, capers, rocket & smoked trout. R155

**Chicken Milanese** with crumbed chicken schnitzel, Emmenthaler, rocket & tomato R140

**Chicken schnitzel** with crumbed chicken, cheese sauce, chips & side salad R155

### Sourdough special

\*with avo, feta, sundried tomato, rocket, mixture of seeds, sourdough, microherbs R130

\*add smoked trout R160

**Toasted ciabatta OR homemade brown bread** R110  
served with one side dish

\*Emmenthaler, ham & tomato

\*mozzarella, basil pesto, tomato

\*chicken & mayo

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**Mini Quiche** served with side salad R130

\*bacon, onion & cheddar

\*spinach, feta & onion

**Fresh homemade pasta** (gluten free pasta available)

\*bolognaise R148

\*tomato & basil sauce R115

## Kids menu

\*chicken strips & chips R85

\*toasted chicken mayo & chips R85

## Side dishes

Chips R45

Battered onion rings R45

Side salad R55

## Dessert

**Please ask your waiter for the cake**

**selection of the day.**

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